



## **We Recommend...Optimism**

*"I will maintain a positive attitude; look on the bright side of situations, and seek opportunities in the face of adversity."*

### **PICTURE BOOKS**

#### **Blue Burt and Wiggles**

Anderson, Derek ISBN: 978-1416905936

*When Blue Burt prepares to fly south with his other feathered companions, he and his pal Wiggles, wanting to prolong their friendship, decide to trick Mother Nature into thinking it's still autumn.*

#### **Imagine a Day**

Thomson, Sarah L. ISBN: 978-0689852190

*Whimsical thoughts, bringing colorful and happy images to the reader.*

#### **How Full is Your Bucket? for kids**

Rath, Tom ISBN: 978-1595620279

*Can Felix discover how to refill his bucket before it is completely empty?*

#### **I'm a Pig**

Weeks, Sarah ISBN: 978-0694010752

*In rhyming text, a little pig exults in the fact she is a pig.*

#### **The Littlest Owl**

Pitcher, Caroline ISBN: 978-1561486144

*The smallest owlet has a positive attitude that gets him through most challenges, but will it be enough?*

### **CHAPTER BOOKS**

#### **Loser**

Spinelli, Jerry ISBN: 978-0060540746

*Derek's optimism does not allow him to feel bad about himself.*

### **FOR TEEN READERS**

#### **Skin**

Vrettos, Adrienne Maria ISBN: 978-1416906551

*When his parents separate, Donnie watches with horror as his sister's physical condition deteriorates due to an eating disorder.*

#### **Fire in the Heart: A Spiritual Guide for Teens**

Chopra, Deepak ISBN: 978-0689862175

*By recounting his own experiences at age fifteen, Deepak Chopra, a noted Hindu author and physician, provides a blueprint for teens who are seeking their own spiritual path.*