

## **Practical suggestions...**

- •Say what I mean and mean what I say.
- •Demonstrate strong personal ethics through my behaviour.
- Not be influenced by others to do something I do not want to do or that I know to be wrong.
- Act with integrity and make the right decisions even in tough circumstances.

### July Attribute is INTEGRITY

#### WHAT IS INTEGRITY?

I will do what is right and ensure there is no difference between what I say and what I do.

#### I WILL:

- do the right thing, even if it isn't going to be easy for me or for others.
- make sure there is no difference between what I say and what I do.
- be consistent and true to my heart.

# INTEGRITY is about treating others and yourself with respect.

Having integrity allows people to make the right decisions in tough circumstances, knowing their choices will make a positive difference.

Integrity is doing the right thing, even when no one is watching.

Character Community Foundation of York Region www.charactercommunity.com